

JOB DESCRIPTION

Vacancy reference:	SRF31207
Post Title:	Children's Wellbeing Practitioner (CWP)
Grade:	Grade 4
School/Department:	School of Psychology & Clinical Language Sciences (SPCLS)
Reports to:	Dr Ray Percy
Responsible for:	None

Purpose

To work within the Anxiety and Depression in Young People (AnDY) Research Clinic at the University of Reading providing assessments and high-volume, evidence-based, low-intensity psychological interventions to children and young people (C/YP) with anxiety and/or depression. The post holder will be based in the AnDY Research Clinic and may need to travel to other community sites at times as agreed with the team. The post is equivalent to that of a newly qualified Children's Wellbeing Practitioner (CWP) employed within an NHS service (NHS Agenda for Change Band 5).

Main duties and responsibilities

Main duties will include, but will not be limited to, the following activities that will be carried out under close supervision:

- Work in accordance with the core principles of the Children and Young People's Improving Access to Psychological Therapies (CYP IAPT) initiative.
- Undertake both patient-centred and diagnostic assessments to identify areas where the C/YP wishes to see change and/or recovery.
- Undertake accurate assessments of risk to self, to others, and from others.
- Provide C/YP and their parents/caregivers with brief psychological treatments for anxiety and depression. This work may be face-to-face, over the telephone, in a group, or via other media.
- Adhere to an agreed activity contract relating to the overall number of meaningful patient contacts carried out per week in order to minimise waiting times and ensure treatment delivery remains accessible and convenient.
- Prepare and present clinical information for all patients on personal caseload to both clinical and case management supervisors within the service on a scheduled basis to ensure safe practice and the clinical governance obligations of the worker, supervisor, and service are met.

- Keep accurate and coherent records of all clinical activity in line with service protocols and use these records alongside clinical outcome data to inform clinical decision-making.
- Work closely with other members of the team to ensure appropriate arrangements are in place to maintain a stepped care approach.
- Adhere to all requirements relating to data collection and routine outcome monitoring within the service.
- Support initiatives to improve quality for coordinated clinical and research activity within the service.
- Attend multi-disciplinary team meetings relating to referrals, assessments, or patients in treatment as appropriate.
- Liaise with professionals from other agencies (e.g., schools, Children's Services, and other CAMHS teams) when necessary.
- Undertake any other reasonable duty, which is appropriate to the role and grade, when requested by senior staff.

Supervision received

Day to day supervision and guidance will be given by Dr Ray Percy or other senior members of the clinical team.

Supervision given

None

Contact

The post holder will work closely with other members of the AnDY group including Clinical Psychologists, Senior Wellbeing Practitioners, qualified and trainee CWPs, and researchers.

Terms and conditions

The post is part time (0.6 FTE) for 7 months in the first instance. Typical working hours will be Monday-Friday 09:00-17:00, although some flexibility may be required to accommodate clinical demands (e.g., occasional evening or weekend work).

This document outlines the duties required of the post for the time being to indicate the level of responsibility. It is not a comprehensive or exhaustive list and the line manager may vary duties from time-to-time that will not change the general character of the job or the level of responsibility entailed.

Date assessed: 21.11.19

PERSON SPECIFICATION

Job Title	School/Department
Children's Wellbeing Practitioner	Psychology

Criteria	Essential	Desirable
Skills Required	<ul style="list-style-type: none"> Carry out clinical/diagnostic assessments with C/YP and their parents/carers. Provide evidence-based, low-intensity psychological interventions for anxiety and depression in C/YP. Write clear clinical reports and letters. Develop good therapeutic relationships with patients Good English language communication. Strong IT skills. 	<ul style="list-style-type: none"> Use the IAPTUS patient record system.
Attainment	<ul style="list-style-type: none"> CYP IAPT accredited Children's Wellbeing Practitioner qualification or equivalent (e.g., PG Cert in Low Intensity Psychological Interventions for C/YP) <p>or</p> <ul style="list-style-type: none"> IAPT accredited adult Psychological Wellbeing Practitioner (PWP) qualification. 	<ul style="list-style-type: none"> Training in a psychological therapy. Psychology or other health-related undergraduate degree. Psychology or other health related postgraduate degree. BABCP accreditation.
Knowledge	<ul style="list-style-type: none"> Child and adolescent mental health, including how anxiety and depression present at different stages of child development. Assessment of anxiety disorder and depression. Evidence-based, brief psychological interventions for anxiety and depression. 	<ul style="list-style-type: none"> The need to use evidence-based psychological therapies. Core principles of CYPIAPT. National and local transformation plans for child and adolescent mental health.

	<ul style="list-style-type: none"> • Child protection issues, safeguarding, and other relevant legislation. • English Language. 	
Relevant Experience	<ul style="list-style-type: none"> • Work in a mental health setting (e.g., CAMHS/IAPT) or equivalent. • Assessment of anxiety disorder and depression. • Use of low-intensity psychological interventions for anxiety and depression. • Work with children and young people. • Use of routine outcome measures. 	<ul style="list-style-type: none"> • Administration of diagnostic assessments (e.g., the ADIS-C/P or K-SADS) • Research with C/YP and families.
Disposition	<ul style="list-style-type: none"> • Organised and systematic. • Able to work independently. • Good team member. • Excellent interpersonal skills. • Excellent attention to detail. 	
Other		<ul style="list-style-type: none"> • UK driving license and access to car.
Completed by: Ray Percy		Date: 21.11.19

